



is considered important for every horse and is found extensively in green pastures. Low levels of vitamin E are thought to contribute to muscle damage during exercise, but to date this theory has not been proven. Some studies have shown that the horse's vitamin E status has no effect on damage, although increased amounts of vitamin E (up to 300IU/Kg DM) are needed to maintain blood and muscle concentrations. The positive effects of adding Vitamin E to the diet on semen

quality are a matter of debate, and studies on this subject are contradictory.

Today, Vitamin E is preferred as a natural antioxidant, especially in commercial feeds, but with its high price, it is sometimes replaced by synthetic antioxidants.



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